

# Stop Noem

Call Rep Hageman. She needs to work to stop Kristi Noem.

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## Not sure where to start?

Are you concerned about where things are heading? Here are some ways to get involved and make a positive difference in our community!

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## Mini-Pantry Donations

JC Dems have a small committed group working to maintain a mini-pantry of free food for our community members who are hungry. Donations of food or money by like minded friends are always welcome.

Here are some recommended guidelines for food donations;

- Popular items include: tuna, meat sticks, peanut butter, snack foods/granola bars, ramen, mac and cheese, dried mashed potatoes, cereal.
- Please do not include items that are temperature sensitive as the box is not temperature regulated or insulated.
- If providing canned goods, the cans with the pull tab opening is best.

Please bring donations to the JC Dems meeting on [August 5th](#), or let Linda Wilson know and she will pick up any donations. Feel free to contact Linda with questions also. You can send her a note using this form:

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## Community Listening Session in Casper

Check it out. Natrona Dems and others are holding a listening session in Casper on August 19, 2025 at 6:30pm. [Read more here.](#)

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## Free Digital Download!

Heidi, chair of CCDP, has created and shared free digital downloads for post cards.

Check 'em out! There are two versions.

[\*Free Printable: Wyoming Cares About Medicaid Postcards\*](#)

That page has instructions. Like, the digital download is intended to fit well using Avery Product #8387. Easy to find at

office supply stores and “big box” stores.

<https://www.avery.com/products/cards/8387>

As of 30 minutes before posting this, Top Office in Sheridan has a few hundred of the blanks for this size card, although they are a different, discontinued, product. And can order #8387.

Cheers!

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## May Day

I don't know the origin of this poster. I do believe it is old. 100 years? 144 years? If I had more time for “What We Will” maybe I would do some research.



For now, here's a [link to a post on Medium](#) written in 2017 on some of the history around the 8-hour workday.

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# Movie Night!

Movie Night to raise funds for the William D. McIntyre Memorial Scholarship. Showing "9 to 5". Social at 6, showtime and 7.